The lawn is a lovely green; flowers are in bloom, birds are chirping in the trees and you are planning your summer vacation. For most of us, this holiday will revolve around car travel. But all you can imagine is that as you head off on a well-earned and long-anticipated vacation, the kids will be killing each other in the back seat.

Yes, family travel: frayed nerves, hoarse voices and a firm determination to never, ever do this again. And yet, there are families who travel by car and not only survive, but have fun doing it. What is their trick?

In the summer of 1973 we decided, against the advice of everyone we knew, to pack up the kids (who were then 14 months and 28 months of age) and head off in the family auto from Vancouver to Toronto. We had a ball.

We ignored our negative friends (many of whom had no children). Instead we got advice from friends whose children were grown, who had travelled with various numbers of children of all ages, and who told us we would have fun. That trip was one of many, and the trips were invariably fun. So, sit down, and pour a cup of coffee while I pass on our tips for successful travel with children.

**Attitude**
I have a friend with four children. When she gets in the car she assumes everything will be fine with the children, and it is. Another friend gets in the car saying, “I just know this is going to be a nightmare,” and usually it is. Children will most often exceed our expectations. So decide that the trip will be fun. Look forward to it. This not only gives you extra energy to make it work, it lets the children know what you expect.

**Planning**
Most trips are a disaster because there is no planning. There is plenty of agonizing, worrying, and fretting, but no planning. Travelling with children involves certain strategies, accommodations and structures. The trick is to plan the trip with the specific needs of your children in mind.

**Developmental Needs**
Babies and toddlers cooperate beautifully when there is no disruption in eating and sleeping patterns. So, you will have a much better holiday if you plan your trips to accommodate their mealtimes, naptimes and bedtime.

If you have older children who can read without getting carsick you are a winner. Magnetic games are a hit with school-age children. CDs are wonderful and you can sing along. Some families find it’s a great investment to give each child a MP3 player so they can each listen to their own music. Just be careful that you don’t create an environment in which each family member spends the whole trip in his or her own world and there’s no communication.

Maps are a great investment. They let the children know where they are, where they are going and they love to trace the trip. For those who are using tour books, children can be recruited to research motels, campgrounds, restaurants, and tourist attractions along the way.

Turn all trips into a bit of a field trip (but don’t lecture the whole way!!!). However, you can make it interesting and exciting.

CONTINUED on Page 2

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**2010 Annual General Meeting and Parent Education Workshop**

Featuring Guest Appearances from Parent Education Speakers, including Kathy Lynn!

**Monday, June 14th, 2010**

7:00–9:00pm

At the CPPPBC Office

#4–4340 Carson Street, Burnaby

Please RSVP by June 7th please.

All Members and Teachers are encouraged to attend.

A great introduction for all the new Parent Education Chairs who can book speakers for the next school year.

**DATES TO REMEMBER**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>Board Meetings at the Council Office</td>
<td>May 10th, 2010</td>
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<tr>
<td>Inventory Due</td>
<td>May 10th, 2010</td>
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<tr>
<td>CPPPBC Office Closed</td>
<td>Victoria Day—May 24th</td>
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<td>Office Hours Reduced</td>
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<td>July/August</td>
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Food and Exercise
Getting the whole family up, dressed and out in the morning is as big a problem on the road as it is at home. We had a sure-fire method for handling this. We would serve the children juice in the motel room as we all quickly dressed and hit the road. We stopped for breakfast an hour or so later. By this time the children were ready to eat a good breakfast. Children don’t have the patience to sit quietly while their parents enjoy a cup of coffee. Our strategy was for one adult to take the kids out for a run immediately after the meal. The other stayed for a quiet cup of coffee. We alternated this arrangement. In this way each adult had an occasional quiet moment alone, and the children got exercise before getting back in the car.
Lunch was picnic-style so the children could run. The menu invariably included meat, cheese, rolls and fruit that could be nibbled on the fly. If they didn’t eat, we didn’t worry; they’d had a good breakfast. Mid-afternoon was cold drinks and exercise time and we always stopped early in the evening. Because schoolyards are easier to find than parks, we took the children to the local school for a good run before dinner.

The trick is simple. Plan your family vacations realistically. Children need regular exercise, have short attention spans and need frequent food, drink, and bathroom breaks.

Kathy Lynn, is a professional speaker, broadcaster, columnist and author of Who’s In Charge Anyway? How Parents Can Teach Children to Do the Right Thing. For information or to book Kathy for a speaking engagement, go to her website at www.ParentingToday.ca

The 17TH ANNUAL SPRING FLING AWARDS NIGHT & BANQUET
The 17th Annual Spring Fling was a glitzy affair, held in the lavish ballroom at the Delta Burnaby Hotel. The venue was beautiful and the food delicious (especially for chocolate- and cheesecake-lovers). Parents and teachers came together, celebrating our preschool community with enthusiasm and fun. Fabulous music, provided by celebrated surf guitarist Reno Schembri, set feet tapping.

Preschools, the PPPTA, and the Council donated many dazzling baskets, with contents ranging from crafts and children’s books to pampering products and the ever-popular money tree. Local businesses generously provided a wide range of door prizes. Every place setting was enhanced by delectable Purdy’s chocolate, while nose flutes put smiles on faces.

The central part of the evening is presenting awards to our dedicated members. Cathy Morisset was the recipient of the prestigious Goldie Maycock Award for Excellence in PPP Teaching. Previous recipient Karen Farrant gave a glowing and tear-inspiring introduction to congratulate Cathy. Preschool and family members took this special opportunity to honour her years of love, encouragement, and nurturing.

The 2010 Outstanding Preschool Award went to Hillview PPP. The preschool has weathered some challenging years and pulled together to create a strong community. For a start, their annual Easter Egg Hunt continues to grow and attract more families for a joyful celebration. The preschool provides dance and other programs to students, while they are also very successful fundraisers. The Board is pleased to acknowledge Hillview’s many strengths, hard work, and cooperative spirit.

Last year’s recipient of the award, Jean Beale, presented a much-deserved Honourary Member Award to Elizabeth Reid. Elizabeth has been a teacher, a mentor, and an advocate for PPP for many years. Teacher Liz inspires children, parents, and teachers alike. She has taught at Little People’s PPP for more than 25 years, received numerous awards (such as the Prime Minister’s Certificate of Excellence in Early Childhood Education and Goldie Maycock Award for Teaching Excellence), and has trained ECE educators at Langara College and other institutions.

Preschools nominated 220 awards, including parent and teacher certificates of commendation and appreciation. These annual awards are a valuable opportunity to recognize the dedicated individuals who support each preschool.

Congratulations to all the winners of raffle baskets, the 50/50 Draw, and WinWinWin Raffle! Thank you to our hardworking staff and Board members for their terrific efforts. Special thanks to all who attended for their enthusiasm, support, and positive energy.

The preschool year seems to have flown past but it’s not over yet. The Council’s Annual General Meeting is on Monday, June 14th. Please join us for an evening of quality parent education speakers, a silent auction and much more.

The Council of Parent Participation Preschools Board needs you!
We delight each year in bringing together a diverse group of parents from preschools across mainland BC to serve on our Provincial Board. Skill sets of all kinds are encouraged and appreciated, and we are happy to help you find a role that suits your availability, interests and location! We need leaders, pencil pushers, speech makers, background thinkers, big hearts, problem solvers and parents who are enthusiastic about the invaluable resource Parent Participation Preschools provide for young children and their families.

If you think you have any of the qualities listed above please contact the Council Office at 604-435-4430 or cnclbc@telus.net to discuss.

Remember: a role with our Board can count as a “job” with your preschool; it can fill the gap if you are “between” Kids at PPP; or is a great way to continue your involvement and maximize your knowledge if your children have moved on from their preschool years!
BURNABY BRANCH
Hillview
Parent Certificate of Appreciation
Wenda Chan
Wende Godfrey
Jill Hachafi
Michelle Krywolt
Megumi Minno
Sara Pacholko
Teacher Certificate of Appreciation
Lynn Valley
Orla Robinson
Jessica Rosenfeld
Teacher Certificate of Commendation
Sandra Cleveland
Chris Eldon
Parent Certificate of Appreciation
Tanya Best
Kathryn Byman
Frances Cross
Nicole Eskes
Chris Gibson
Daphne Lambie
Donna Metager
Leah Mulleda
Jill Piskington
Karen Simpson
Nancy Schlestering
Sam Sullivan
Tanya Wrobleski
Aurey Yong
Parent Certificate of Commendation
Heather Speers
Tricia Edgar
Teacher Certificate of Appreciation
Ronda Café
Nicola VanHeyst
Seymour Heights
Linda Dumbrell & Michael Urbani
Corey Thompson & Mark Best
Parent Certificate of Appreciation
Karen Gibson
Queen’s Park
Teacher Certificate of Appreciation
Michelle Connerty
Christine Dafoe
Tara Domass
Allison Flannegan
Elaine Jensen
Debbie & Kosta Chatzispiros
Sharon Hickin
Vinson Liu
Kristina Machiuk
Tiffany McMullen
Corinne Perera
Trevor Talaroky
Donna Taylor
Kira Vurdela
Raymond Zulk
Teacher Certificate of Commendation
Barbara Bender
Jessica Benson
Carol Cooledge
Jill Drake
Jenny Lee
Marnie Monsk
Eleanor Vandberg
Rainbow
Parent Certificate of Appreciation
Karen Favaro
Kaneo Lodhia
Sonia Gilmore
Tomomi Matsuda
Darlene Spence
Jenie Zhang
Teacher Certificate of Commendation
Ann Owsaski
NORTH SHORE BRANCH
Deep Cove
Parent Certificate of Appreciation
Sam Barker
Kathleen Cadinimus
Dayan Collie
Tricia Gardiner
Catherine Kelly
Heather Lawrence
Jill Maynard
Leslie Palleson
Joe Primerano
Fiona Primerano
Teacher Certificate of Commendation
Lindsey Buchanan
VANCOUVER BRANCH
Crown
Parent Certificate of Appreciation
Jane Caddick
Jason Cho
Gordon Day
Jenny Fawcet
Debbie Lindsay
Pauline Lyaghat
Heidi MacLean
Mariko Simmonds
Emily Wu
Parent Certificate of Commendation
Connie Bechler
Jeanette Murphy
Margaret O’Riley
Gingerbread House
Teacher Certificate of Appreciation
Caroline Crowe
Megan D’Souza
Parent Certificate of Appreciation
Angela Laing
Tara Laing
Teacher Certificate of Commendation
Carole Porhilo
Lisa Anderson
Little People’s
Parent Certificate of Appreciation
Jackie Brasso
Mandy Coles
Bev Constantino
Meredith Cushing
Meling Fang
Carolyn Hartnett
Colleen North
Susan Schoenhofen
Sharlene Shab
Kerry Watt
Mike & Jill Wood
Teacher Certificate of Appreciation
Alexandra Bagnall
Mie Hoshino
St. Giles
Parent Certificate of Appreciation
Lynne Boardman
Becky Clarke
Shara Clement
Karen DeRosa
Catherine Evashuk
Leona Finlayson
Diana Frang
Emily Lord
Colleen McCormick
Dave Miranda
Alyson Morgan
Nona Navin
Cher-Leigh Sewell
Maria Spano
Angela Stadel
Alison Thompson
Teacher Certificate of Commendation
Tracy Conn
Carol Condle
Tom Thumb
Parent Certificate of Appreciation
Debbie & Kosta Chatzispiros
Robin & Nathan Green
Jacqueline & Marc Hobday
Martha Kertesz
Jocelyn Lewis
Erin Kenwood & Darin McDougall
Kate & Jared Power
Robyn & Andrew Vossey
Teacher Certificate of Commendation
Shannon Poeschke
CONTINUED on Page
Thanks to Our Many Sponsors

Thank-you to all the following businesses and individuals who supported our Annual Awards Event with their Generous Contributions

<table>
<thead>
<tr>
<th>CPPPBC Board Members &amp; Associates</th>
<th>Certificate of Commendation</th>
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<tbody>
<tr>
<td>Kyle Beauliv</td>
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<td>Susan Jackes</td>
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<td>Sarah Fandrich</td>
<td>Anna Yuen</td>
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<td>Katherine Anderson</td>
<td>Dean Crawford</td>
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<td>Suey Lunn</td>
<td>Nancy Young</td>
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<td>Liz Martin</td>
<td>Alexandra Bagnall</td>
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CPPPBC 10th Annual Win/Win/Win Raffle 2010 Prizes

Grand Prize - $2000.00 “Travel Anywhere” Voucher
Patricia Scott, Surrey, BC

2nd Prize - 2 Night Stay Delta Grand Okanagan Resort, Kelowna & Gas Voucher, combined worth $600.00
Jennifer McGregor, Delta, BC

3rd Prize - Indigo Books and The Bay Gift Certificates, combined worth $350.00
David Anderson, Chilliwack, BC

4th Prize - Skagen Lady’s Watch, worth $255.00
Robin Morrish, Vancouver, BC

5th Prize - Citizen Man’s Watch, worth $225.00
Glenn Hope, Delta, BC

6th Prize - Munchie Mates (eco lunches and picnics), worth $100.00
Rachelle Pollon, West Kelowna, BC

Parent Participation Preschools

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<thead>
<tr>
<th>Baker’s Corner</th>
<th>Gingerbread House</th>
<th>Lynn Valley</th>
<th>St. Giles</th>
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<tr>
<td>Bayview</td>
<td>Happy Corner</td>
<td>North Delta</td>
<td>Sunshine Hills</td>
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<td>Crown</td>
<td>Hillview</td>
<td>Pied Piper</td>
<td>The Village</td>
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<td>Dunbar Memorial</td>
<td>Inglewood</td>
<td>Queen’s Park</td>
<td>Tom Thumb</td>
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<td>Garden Village</td>
<td>Little People</td>
<td>Rainbow</td>
<td>Upper Lonsdale</td>
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<td>Seymour Heights</td>
<td>West Vancouver</td>
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Parent Participation Preschools Teachers’ Associations

Burnaby Branch
North Shore Branch
Vancouver Branch
West Fraser Branch

Preschool Teacher Desired for South Burnaby Parent Participation Preschool

ECE supervising teacher required at South Burnaby PPP for a one-year position, beginning September 2010 to lead classes for 2.5 – 4 year-olds 3 mornings/week (T, W, Th).

For more information about our preschool please visit [www.southburnabypreschool.com](http://www.southburnabypreschool.com).

Candidate must possess the following qualifications:

- Early Childhood Education Certificate
- Current First Aid and CPR Certificate
- Criminal records check and proof of medical fitness
- Experience teaching in a parent participation preschool preferred

If you are a enthusiastic & nurturing ECE teacher with a passion for teaching children through play-based learning, we want to hear from you. Salary will be negotiated based on experience. Resumes accepted until May 28, 2010.

We thank all applicants, however, only those chosen for an interview will be contacted.

For the complete job posting, or to apply, please contact:
South Burnaby Parent Participation Preschool
7591 Gray Ave. Burnaby, B.C. V5J 3Z4
Phone: 604-831-0783 or E-mail: admin@southburnabypreschool.com
Can You See What I See?
By Carolyn Hart, BC Certified Teacher

Picture puzzles can be entertaining, intriguing and sometimes frustrating. As well, for our children, they represent a marvelous opportunity for cognitive development - especially when enjoyed with a chatty adult. Apart from noticing very small details, the discussion that will accompany a book like Can You See What I See? Treasure Ship is not-to-be missed. Walter Wick challenges his young readers to discover all sorts of wonderful words that they aren't likely to encounter unless an adult is part of the experience.

So, come aboard, explore the bounty and share these vocabulary treasures: saber, peacock, hourglass, tattered, bugle and more.

Cat's Night Out
Written by Caroline Stutson
Illustrated by J. Klassen

It's Saturday night and, as Easy Street grows dark, it is time for the neighbourhood felines to kick up their heels. Featuring evocative illustrations that include hidden numbers, this rhyming counting book also includes a wide variety of dance steps, costumes and vocabulary.

Storytime Standouts is written by Carolyn Hart. Carolyn is a former PPP parent and a B.C. certified teacher. She presents Early Literacy programs at Richmond community centres and programs for adults throughout the Lower Mainland. In addition, Carolyn writes an email newsletter featuring information about Early Literacy and children’s books. Please visit www.StorytimeStandouts.com for more information.

Moving On
By Patt Uren, Supervisor for Seymour Heights PPP

Well, the time is near when I will be saying goodbye to the children and their families - some just for the summer months but some for good. I always feel a heart tug when your children move on to kindergarten; but the really big heart wrench is when the whole family is moving on. Some of those children I've known since you announced your pregnancy; some of you have brought all (3, 4 or 5!) of your children through our preschool.

I know that some preschools have "graduation" ceremonies for the children; I see it differently. Children are doing what children do ~ they grow up and (thankfully) outgrow preschool. Typically they look forward and not back. At our school I like to "graduate" the parents! I honour and thank all of you parents for:

- choosing our school
- working hard through thick & thin
- trusting us with your child
- showing up for duty days
- doing your job willingly
- playing in the rain
- dealing with off-the-wall art projects
- evening meetings
- work parties
- and so much more!

Here’s a poem I like ~ enjoy! And Happy Summer to Everyone.

"Partnership"
by Gloria Weber Henbesst

They bring their child to me
And hope I'll come to know

How much their offspring means to them,
Their trust in me bestowed.
They bring their child to me
With love and hope and pride,
Looking for a helping hand,
A teacher who will guide.
They bring their child to me,
And our partnership is clear:
To nurture and allow to bloom
A life we both hold dear.
They bring their child to me,
A step toward letting go
And trusting in our special plan
To help the child grow.
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pletely additive free (No Mercury/Thimersol etc...)
Children can start at any age.

Did you go to Hillview Preschool?
Former students, friends, family and supporters—
come help celebrate Hillview Preschool’s 50th birthday!

Hillview Preschool’s
50th Anniversary
Celebration!
Cake and refreshments • Face painting • Children’s entertainment
Saturday May 29, 2010
1 pm – 4 pm Free!
4340 Carson St, Burnaby
(access parking lot on McKay at Boxer)
Member of the Council of Parent Participation Preschools
For more info: www.hillviewpreschool.ca or
(604) 431-0119

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free! (Member schools
only) For more details
please contact
cppadmin@telus.net

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Council Office: Monday to Thursday 9:30 am – 2:30 pm
For a Member Preschool near you please visit our website at www.cpppreschools.bc.ca